

Introduction To Health Services HS Introduction to Health Services/

Career Exploration: Registered Nurse

April 29, 2020



High School/Introduction to Health Services Lesson: Wednesday, April 29

Objective/Learning Target:
Describe the activities, responsibilities and training for a career as a Registered Nurse



Get out a blank sheet of paper and something to write with.

Warm Up #1: What is the difference between a nurse, RN and BSN?

Warm Up #2: What are the top 3 personal traits needed to be successful in nursing?



Warm Up Discussion

Warm Up #1: What is the difference between a nurse, RN and BSN? A "nurse" is technically anyone who provides nursing care to others. An RN is a nurse who has completed a certified nursing program and passed a license exam. A BSN is a nurse who has earned a Bachelor's Degree in Nursing.

Warm Up #2: What are the top 3 personal traits needed to be successful in nursing? Previous students have cited: empathy, sympathy, dedication, determination and other traits, your answers may be similar



To begin, let's hear from a registered nurse as she describes her work.

Before you begin, I recommend getting out a sheet of paper and something to write with. As you watch the video, take note of anything that is new or most interesting to you.

Watch this short video.



Next, let's take a closer look at what nurses do. Many students find this exercise to be somewhat shocking because is does not match what they see from nurses on TV shows that dramatize the career.

We will use the BLS.gov website to look at RN job tasks. On your paper, make a T-chart and label the left side + and the right side. As you read, jot notes about the career on your chart, with the + side being things you like or are interested in, while the - is for things you do not care for in a career.

The website is here.

Also, look over the list of nursing specialties on the bottom half if the page. Make note of any specialties that you might be interested in.



So where do nurses work?

Look at the next page of the website, which is titled Work Environment.

Take note of where the majority of nurses work. Working in a hospital has its own benefits and risks- as do any work environment. Look over the Injuries and Illnesses and Work Schedule sections of this page.

On your t-chart, note where you would most like to work.



Where do RNs work in our area?

Take a look at this listing of agencies who are hiring registered nurses in the Independence, Missouri area.

As you look at this list, jot down any interesting ideas on the + side of the chart, while those jobs that you would NOT like go on the - side.

Check out the list using this link



Next, let's look at how to become an RN.

Watch <u>this short video</u> that explains how to become an RN. Keep in mind that this is an advertising product, but has great information for HS students.

On your T-chart, make notes of career or training options that interest you on the + side, or steps in this process that you don't want to do on the - side.

Keep in mind, that some related careers may have more of your +'s and fewer of your - topics.



Let's look at pay...

Look over the BLS page on nursing salaries.

Note that there are 5 industries that employ nurses, each has a unique salary range. On your chart, jot notes on the + or - columns for industries depending on if they meet your requirements.



Extra Resources for Becoming A Nurse

Use the links below to check out nurse training programs in our region.

UMKC School of Nursing and Health Services

Rockhurst/St Lukes Nursing Program

Avila School of Nursing

Park University School of Nursing

University of Central Missouri School of Nursing